



### **SCLERO Post-Op Instructions**

- Wear compression hose overnight on the day of treatment, then only when up and around for the next week
- The veins will look worse before they look better. Bruising is normal.
- Occasionally, there is a hard knot that may be tender. This is normal and will resolve. You can take Extra Strength Tylenol to relieve discomfort.
- Occasionally, there is a brownish discoloration after injections. This is temporary and will fade over time. It can take several months to fade. Avoid sun exposure in these areas until they fade.
- Follow up in one month.

If you have any questions or concerns, feel free to call Dr. Mountcastle's office at 703-858-3208.